### ADVANCED TRAINING THEORY ANGLES OF THE GREEN

#### METHOD

To determine the angles of the green divide the area between 8 and 0 into eight. Each division represents an angle of the green for the Advanced Training Shots

#### 1. DIVISIONS

8 is the line from the mat to the jack 0 is the angle for the draw shot The width of the angle between 8 and 0 is governed by the speed of the green and climatic conditions

The slower the green the narrower the angle.

The faster the green the wider the angle.

#### 2. DRIVE SHOT AREA

Is the area between 8 and 7. Its width is governed by the speed of the delivery

## 3. RUNNING SHOT AREA

Is the area between 6 and 5. Its width is governed by the speed of the delivery

# 4. ON SHOTS - CONTROLLED WEIGHT

Is the area between 4 and 0. When using On Shots in this area with controlled weight, if the target is missed, the bowl is retained at the head for further use or supporting back bowl. An On Shot with controlled weight is only an extension of the Draw Shot.

